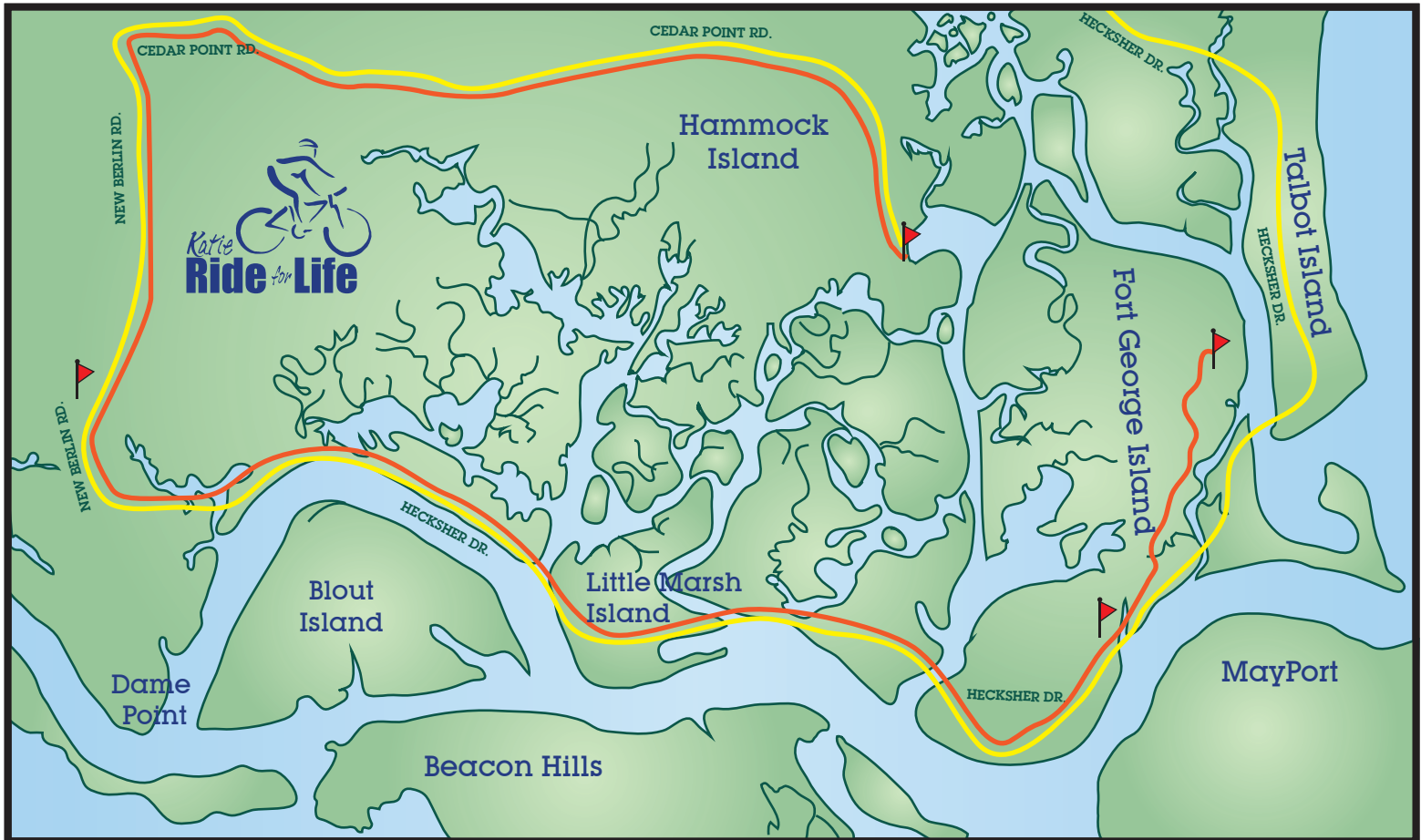


# 100 MILE

# ROAD RIDE COURSE

**Watch for Katie Ride signs along the route when turns are coming up.** Wear a helmet at all times when on your bike. Be sure to ride on the far right side of the road. Please do not ride three or more abreast, as this will present a safety issue. Plan for and signal your turning intentions well in advance of turning to allow traffic to respond.



## Katie Ride for Life – Route for the 100-Mile Challenge

The bike route for the Katie Ride for Life is a natural extension of the 100 Kilometer route. The ride leaves from the Ribault Club on Ft. George Island – and returns to the Ribault Club aid station after completing the route shown on the map above, and indicated in the text instructions below. After returning to the Ribault Club, riders are to follow the return directions shown on the maps for the 100 Kilometer Ride. Riders should use extra caution when approaching bridges on Heckscher Drive, as some will have narrower bike lanes or no bike lanes. Take special care on the Sister's Creek Bridge (a draw bridge), which has metal grating for its surface. There will be an Aid Station near the intersection of Heckscher Drive and New Berlin Road and another at the Turnaround at the east end of Cedar Point Rd.

### START (in yellow)

1. Ride from the Ribault Club Aid Station back to Heckscher Drive. (1.9 mile)
2. **TURN RIGHT** on Heckscher Dr.
3. Continue on Heckscher Dr. for about 9.4 miles.
4. **TURN RIGHT** onto New Berlin Rd. (at traffic light, just before Hwy 9A).
5. **AID STATION** is located on right, just after intersection of Heckscher Dr. and New Berlin Rd.
6. Continue on New Berlin Rd. for about 3.8 miles.
7. **TURN RIGHT** onto Cedar Point Rd.
8. Continue on Cedar Point Rd. for 6.7 miles to Aid Station/Turnaround at Cedar Point Rd.

### FINISH (in orange)

9. Ride west on Cedar Point Rd. for 6.7 miles.
10. **TURN LEFT** onto New Berlin Rd.
11. Continue on New Berlin Rd. for 3.8 miles.
12. Watch for Aid Station just before reaching Heckscher Dr.
13. **TURN LEFT** onto Heckscher Dr.
14. Continue on Heckscher Dr. for about 9.4 miles.
15. **TURN LEFT** to Fort George Island/Ribault Club.
16. Keep right at Ruins/split in road to Ribault Club
17. Aid Station at Ribault Club on Ft George Island. Follow 100K directions to return to **FINISH** at the Recreation Center in Fernandina Beach.